

PROGRAMMAZIONE TERZO PERIODO

SOCIOSANITARI

ANNO 2025/2026

SCUOLA: EINAUDI (serale)

DOCENTE: PROF.SSA DEBORA ANNA VOSO

LIBRO: GROWING INTO OLD AGE: SKILLS AND COMPETENCIES FOR HEALTH AND SOCIAL SERVICES CAREERS, P. REVELLINO, G. SCHINARDI, E. TELLIER (ED. ZANICHELLI)

UNIT 1- THE HUMAN BODY AND HOW IT WORKS

- THE HUMAN BODY
- BODY SYSTEMS: THE RESPIRATORY, THE DIGESTIVE, THE CIRCULATORY, THE MUSCULAR, THE NERVOUS, THE REPRODUCTIVE
- NUTRITION: FIVE FOOD GROUPS, VITAMINS TO KEEP YOUR IMMUNE SYSTEM STRONG

GRAMMATICA: WH-QUESTIONS, COMPARATIVES AND SUPERLATIVES, PRESENT SIMPLE, CAN/CAN'T, COUNTABLES AND UNCOUNTABLES, SOME/ANY, MUCH/MANY/A LOT, INSTRUCTIONS AND REQUESTS, SHOULD/SHOULDN'T, HAVE TO/DON'T HAVE TO, TO NEED, INFINITIVE OF PURPOSE

UNIT 2- FROM INFANCY TO EARLY CHILDHOOD

- CHILDREN'S BASIC NEEDS: SLEEPING PATTERNS
- SENSORY, PSYCHOMOTOR, AFFECTIVE, SOCIAL AND PSYCHOLOGICAL DEVELOPMENT IN CHILDREN: A RAPID AND CONTINUOUS GROWTH, ANXIETIES/FEARS AND PHOBIAS
- CHILD NUTRITION: FROM BIRTH TO 6 MONTHS
- COMMON CHILDHOOD DISEASES: MINOR ILLNESSES, CONTAGIOUS CHILDHOOD DISEASES, VACCINES
- CHILDCARE OPTIONS AND EDUCATION SYSTEMS IN THE UK AND USA: CHILDCARE OPTIONS, SCHOOL SYSTEMS IN THE UK AND THE USA
- PSYCHOLOGICAL DEVELOPMENT THEORIES: FREUD'S PSYCHOANALYTIC THEORIES, PIAGET'S THEORY OF COGNITIVE DEVELOPMENT, ERIKSON'S STAGES OF PSYCHOSOCIAL DEVELOPMENT, GARDNER'S THEORY OF MULTIPLE INTELLIGENCES

GRAMMATICA: IMPERATIVE, GERUNDS AND INFINITIVES, GERUND AS SUBJECT OF PHRASE, BE ABLE TO, LET, MAY/MIGHT/COULD, ZERO AND FIRST CONDITIONAL, MUST VS HAVE TO, HOW TO EXPRESS CONTRAST, BE USED TO+ ING FORM, GET USED TO+ ING FORM, TO BRING, TO GET.

UNIT 3- ADOLESCENCE, AN AGE OF TRANSITION

- FROM CHILDHOOD TO ADOLESCENCE: THE DELICATE STAGES OF ADOLESCENCE
- RISKY BEHAVIOUR: ALCOHOL ADDICTION, FOCUS ON DRUGS, YOUNG PEOPLE AND TOBACCO, LUDOPATHY AND COMPULSIVE BUYING DISORDER, CONSCIOUS SEXUALITY
- HOT ISSUES: CONTRACEPTION AND PREGNANCY PREVENTION, EATING DISORDERS
- UNACCEPTABLE BEHAVIOUR: BULLYING

GRAMMATICA: BE ALLOWED TO, ADVERBS OF FREQUENCY, HOW TO EXPRESS CONTRAST, TO GIVE, PAST PERFECT SIMPLE, INDIRECT SPEECH.

UNIT 4- GROWING OLD

- WHAT DOES GETTING OLD MEAN?: AGEING, SENESCENCE AND SENILITY, HEALTHY AGEING, A BALANCED DIET
- MINOR PROBLEMS OF OLD AGE: DISEASES OF THE BONES AND JOINTS, VISION AND HEARING PROBLEMS
- MAJOR DISEASES OF OLD AGE: ALZHEIMER'S DISEASE, PARKINSON'S DISEASE, CARDIOVASCULAR DISEASES
- SENIOR HOUSING OPTIONS: DIFFERENT TYPES OF ELDERCARE AND CARE HOMES

GRAMMATICA: SHOULD AND OUGHT TO, WHY DON'T/WHAT ABOUT/LET'S, TO TAKE, PAST CONTINUOUS, TO LOOK, CONNECTORS (FINALLY, EVENTUALLY, IN THE END)

ULTERIORE GRAMMATICA DI RINFORZO:

- FUTURE CON WILL
- PRESENT SIMPLE

EDUCAZIONE CIVICA: IL LAVORO (IN ITALIANO)

ORIENTAMENTO: A FORMAL LETTER OF APPLICATION, NETIQUETTE, HOW TO WRITE A CV, RECRUITMENT